

WHAT IS CLAIMED IS:

1. An IgE antibody inhibitor containing glucomannan.
2. The IgE antibody inhibitor according to claim 1, wherein the glucomannan is in the form of refined *konjak* flour.
3. The IgE antibody inhibitor according to claim 1, wherein the glucomannan has a dietary fiber content of 95% or more.
4. The IgE antibody inhibitor according to claim 1, wherein the glucomannan is easily soluble in water.
5. The IgE antibody inhibitor according to claim 4, wherein the glucomannan is a pulverized product.
6. The IgE antibody inhibitor according to claim 4, wherein the glucomannan has a weight average molecular weight of 1,000,000 or more and an average particle diameter of 100  $\mu\text{m}$  or less, and a period of time until its 1% aqueous solution reaches the viscosity peak at room temperature is within 30 minutes.

7. The IgE antibody inhibitor according to claim 1, having a form of powder, capsule, tablet, pill or granule.

8. An IgE antibody inhibitory food containing glucomannan.

9. The IgE antibody inhibitory food according to claim 8, wherein the glucomannan is in the form of refined *konjak* flour.

10. The IgE antibody inhibitory food according to claim 8, wherein the glucomannan has a dietary fiber content of 95% or more.

11. The IgE antibody inhibitory food according to claim 8, wherein the glucomannan is easily soluble in water.

12. The IgE antibody inhibitory food according to claim 11, wherein the glucomannan is a pulverized product.

13. The IgE antibody inhibitory food according to claim 11, wherein the glucomannan has a weight average molecular weight of 1,000,000 or more and an average particle diameter of 100  $\mu\text{m}$  or less, and a period of time

until its 1% aqueous solution reaches the viscosity peak at room temperature is within 30 minutes.

14. The IgE antibody inhibitory food according to claim 8, having a form of powder, capsule, tablet, pill or granule.